

Early College Academy of Columbus

9th Grade Advisory Guide

Social and Emotional Learning Lesson Guide for the Classroom and Advisory

"If even one person in a school knows him well enough to care, a student's chances of success go up dramatically. In small groups that can focus on a range of subjects, teachers and students are forming new bonds and setting new standards for a more personal education." (Horace, September 1990).

High school advisory programs and social and emotional learning in the classroom allow students to discuss and address certain issues that are unique to a high school student's life. As the advisory or discussion leader, your role is to listen and respond to students, asking open rather than closed questions and working to create an engaging climate of trust, sharing, participation and self-reflection among your students.

Connect with Kids video resources, along with discussion questions and activities, provide the platform. Business experts call it "see-feel-change," fueling action by sparking emotion. Connect with Kids calls it educating the heart: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and challenges, sometimes referred to as "strength in numbers."

This is a suggested guide for high school classroom and advisory session video and print resources, all of which stream on Connect with Kids WebSource websites.

Questions?

Please contact Connect with Kids Client Support at [888.598.KIDS \(5437\)](tel:888.598.KIDS) or email info@cwknetwork.com.

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Session	Topic	Program Title	Description
1.	Resilience	Against All Odds Part 1	Four kids tell their stories of overcoming adversity against all odds.
2.	Resilience	Against All Odds Part 2	Clive Aden and Guadalupe Fonseca learn adversity does not have to be permanent.
3.	Resilience	Against All Odds Part 3	Heather Bandy is blind, but doesn't let her disability keep her from succeeding in life.
4.	Resilience	Against All Odds Part 4	Berhane Azage overcomes poverty and hardship by not measuring himself up with what he doesn't have. Instead he learned from his parents that adversity is not personal and can be overcome.
5.	Resilience	Against All Odds Part 5	Kids need to be educated through real life examples that adversity does not have to be permanent, pervasive, or personal.
6.	College and Career Readiness	Is a GED Valuable?	A short video segment on the realities of the GED vs. a high school diploma, with accompanying discussion and self-reflection questions.
7.	College and Career Readiness	Getting Organized	Review organizational skills including syllabi review, use of the planner and creating checklists.
8.	College and Career Readiness	Test Taking	Review test preparation and test taking strategies for before, during and after the test.

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9.	College and Career Readiness	Studying Techniques	Students will review individual and group strategies on how to prepare for a test.
10.	College and Career Readiness	Creating a Study Guide	Review strategies and an outline for creating a study guide.
11.	College and Career Readiness	Research Strategies	Review techniques and tips to authenticate websites used in research.
12.	College and Career Readiness	Managing Test Anxiety	Practice relaxation techniques to manage test anxiety.
13.	College and Career Readiness	Report Card Self-Reflection	Help students to review current grades and plan for future improvement.
14.	College and Career Readiness	Understanding Your Transcript	Help students review their high school transcript to understand its elements and what it is used for.
15.	College and Career Readiness	Goal Setting: Role Models for Success	Help students to learn about the importance of goal setting and to select some role models.
16.	College and Career Readiness	Interview Skills: Interview 411	Review techniques to help prepare for an interview.

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17.	College and Career Readiness	Resume Building	Help students learn to create a baseline resume.
18.	Character and Life Skills	Caring and Compassion	Watch the real-life story of teen Carey Strongwater, whose compassionate nature is evident in the care that he gives to animals, elderly neighbors and vulnerable classmates.
19.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 1	Explore trends in school dropout rates and the reasons that students are disengaged from their education.
20.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 2	Danielle Anzalone shares her story of not wanting to attend school because of the bullying and harassment that she experienced. Experts say that many students don't want to go to school because they are afraid of what might happen.
21.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 3	Karina and Gina both decided that getting good grades was less important than fitting in with their friends. They each found a teacher who was able to motivate them and guide them on the right path.
22.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 4	Dwayne Hamilton Frost describes how it took the help of his friend, mom, cousin and English teacher to turn his life around at a crucial time before he joined a gang.

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Session	Topic	Program Title	Description
23.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 5	Explore how keeping kids engaged at school requires the work of not only the entire school administration, but the parents as well.
24.	Character and Life Skills	Participation and Leadership	Watch a video about teen David Lockett and how participation and leadership activities changed his confidence level and his life.
25.	Bullying Prevention and Cyberbullying	Sticks and Stones Part 1	Students discuss and overview of bullying issues.
26.	Bullying Prevention and Cyberbullying	Sticks and Stones Part 2	The Halligan family and experts discuss cyberbullying, the type of bullying that resulted in the suicide of 13-year-old Ryan Halligan.
27.	Bullying Prevention and Cyberbullying	Sticks and Stones Part 3	A gay student shares his bullying experiences.
28.	Bullying Prevention and Cyberbullying	Sticks and Stones Part 4	A female teen shares the rumors and sexual harassment she faced and a subsequent lawsuit against the school system.
29.	Bullying Prevention and Cyberbullying	Sticks and Stones Part 5	Experts review the signs of bullying and discuss actions to take. Can we legislate bullying prevention?
30.	Review	A Review of Advisory Highs and Lows	Through discussion and self-reflection questions, students look back over the year to review what has been accomplished and what is yet to be addressed.